

7.1 LMM 22/08/2023 - CITY OF NEWCASTLE SENIORS REFERENCE GROUP

MOTION:

That City of Newcastle:

1. Creates a Seniors Reference Group, whose Chairperson and members will be senior representatives of the Newcastle LGA, tasked with overseeing, organizing and facilitating a range of events and activities that support the health and wellbeing of senior residents in our community.
2. Notes the Group will work in partnership with CN, community groups, organisations and businesses to deliver activities that provide:
 - a) Lifelong learning and wellbeing
 - b) Social connection opportunities
 - c) Information
 - d) Entertainment.
3. Notes the main focus of the Group will be the development of CN's Seniors Week Program.
4. Notes the next NSW Seniors Festival will be held from 11-24 March 2024 which celebrates the role and contributions of older adults to our local community.

BACKGROUND:

<https://www.nsw.gov.au/arts-and-culture/seniors-festival/about-contact>

ABOUT NSW SENIORS FESTIVAL

The festival celebrates the role and contributions of older adults to our local communities. It's the largest of its kind in the southern hemisphere, with over 500,000 people attending each year.

The NSW Seniors Festival will run from 11-24 March 2024.

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AS A SENIOR, WHAT CAN I EXPECT?

Seniors Festival includes hundreds of events across NSW including art classes, fitness and live music.

Most are **free** or low cost to attend.

There's also **online events**, so people at home, or in aged care can enjoy it 'live'.

The festival offers great **opportunities and experiences**.

- Get together with **friends** or go out and meet new people.
- Discover new products and services to help improve your **quality of life**.
- **Learn new skills** in fitness, technology and home organisation.
- Enjoy live music and comedy from **popular performers**.

NSW Seniors Festival used to be called Seniors Week.

WHO IS THE FESTIVAL FOR?

- People over 60
- People over 50 with a lifelong disability
- Aboriginal or Torres Strait Islander people over 50.

We encourage carers of seniors to join the festival.

WHO RUNS THE FESTIVAL?

NSW Department of Communities and Justice (DCJ) coordinates the festival including Seniors Festival Expo, Premier's Gala Concerts and Comedy Show.

Local events are hosted by councils and community organisations.

DCJ supports and empowers seniors so they can lead safe, healthy, and connected lives. 1.9 million seniors have access to special discounts and deals through our Seniors Cardlaunch program. We also work with families and communities to create vibrant, sustainable and inclusive communities.

GET INVOLVED

- Get involved by visiting the DCJ website

CONTACT US AT SENIORS FESTIVAL

Email the friendly Seniors Festival team at nswseniorsfestival@fac.s.nsw.gov.au

For media inquiries, contact media.unit@dcj.nsw.gov.au

Our mailing address is:
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